



Ban Sabai

Village Resort & Spa

Detox Program Rates 2017-18 11 nights - 12 days



Day 1

- Airport transfer
- Aroma Therapy
- Orientation
- Herbal Bath
- Dinner
- Night tea

Day 2

- Blood test at hospital
- Return to Ban Sabai Village
- Breakfast fruits and tea
- Bio Feedback
- Fruit juice
- Thai Massage
- Relaxing
- Swimming
- Reflexology foot
- Relaxing
- Vegetable broth
- Night tea



Day 3

- Wake up drink
- Exercise – swimming
- Morning juice
- Biofeedback session
- Swimming
- Lunch Drink
- Body Scrub
- Foot Massage
- Exercise
- Evening Drink
- Night herbal tea

Day 4

- Wake up drink
- Exercise – swimming
- Morning juice
- Biofeedback session
- Relaxing
- Lunch drink
- Relaxing
- Thai massage
- Herbal tea
- Exercises
- Colon irrigation
- Evening drink
- Night herbal tea



Day 5

- Wake up drink
- Exercise – swimming
- Morning juice
- Biofeedback session
- Relaxing
- Lunch drink
- Relaxing
- Steam Room /Herbal Tea
- Yoga
- Colon irrigation
- Evening drink
- Thai Massage
- Night herbal tea



Ban Sabai Village Boutique Resort & Spa
219 Moo, San Pee Sua, Chiang Mai 50300
Tel +66 53 854 778 village.reservation@gmail.com



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Day 6 Wake up drink
Exercise / swimming
Morning juice
Biofeedback session
Lunch drink
Colon irrigation
Body Scrub
Evening drink
Herbal bath
Night tea

Day 7 Wake up drink
Exercise / swimming
Morning juice
Biofeedback session
Lunch drink
Meditation
Herbal tea
Colon irrigation
Evening drink
Night tea

Day 8 Wake up drink
Yogas
Morning juice
Biofeedback session
Lunch drink
Herbal tea
Colon irrigation
Thai massage
Evening drink
Herbal bath
Night tea



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Day 9

- Wake up drink
- Morning juice
- Biofeedback session
- Lunch drink
- Meditation
- Colon irrigation
- Herbal steam room/Herbal tea
- Evening drink
- Night herbal tea

Day 10

- Wake up drink
- Morning Juice
- Biofeedback session
- Lunch drink
- Yoga
- Colon irrigation (and closing with lacto bacillus)
- Herbal Steam room/Herbal Tea
- Thai herbal facial massage
- Dinner drink
- Night herbal tea

Day 11

- Wake up drink
- Morning drink
- Biofeedback session
- Lunch drink
- Herbal steam room + Sauna
- Herbal Tea
- Meditation
- Dinner drink
- Night herbal tea

Day 12

- Blood test at hospital
- Fruits and tea for breakfast
- Swimming / relaxing
- Airport transfere



Program Package Price

Bht 84,000.-- per person

- 1) all listeted services above
- 2) Afternoon temple tour and cooking class
- 3) Accommodation as selected on additional charge
- 4) Package price including service and Taxes

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