





Day 4

Wake up drink Exercise – swimming Morning juice Biofeedback session Relaxing Lunch drink Relaxing Thai massage Herbal tea Exercises Colon irrigation Evening drink Night herbal tea

Day 5

Wake up drink Exercise – swimming Morning juice Biofeedback session Relaxing Lunch drink Relaxing Steam Room /Herbal Tea Yoga Colon irrigation Evening drink Thai Massage Night herbal tea

# Detox Program Rates 2017-18 11 nights - 12 days

Day 1 Airport transfer Aroma Therapy Orientation Herbal Bath Dinner Night tea

Day 2

Blood test at hospital Return to Ban Sabai Village Breakfast fruits and tea Bio Feedback Fruit juice Thai Massage Relaxing Swimming Reflexology foot Relaxing Vegetable broth Night tea

Wake up drink
Exercise – swimming
Morning juice
Biofeedback session
Swimming
Lunch Drink
Body Scrub
Foot Massage
Exercise

Evening Drink Night herbal tea



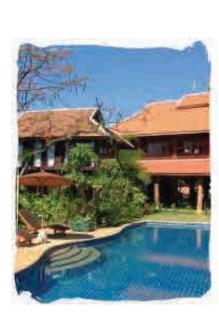
Ban Sabai Village Boutique Resort & Spa 219 Moo, San Pee Sua, Chiang Mai 50300 Tel +66 53 854 778 village.reservation@gmail.com

Day 3



- Day 6 Wake up drink Exercise / swimming Morning juice Biofeddback session Lunch drink Colon irrigation Body Scrub Evening drink Herbal bath Night tea
- Day 7 Wake up drink Exercise / swimming Morning juice Biofeedback session Lunch drink Meditation Herbal tea Colon irrigation Evening drink Night tea
- Day 8 Wake up drink Yogas Morning juice Biofeedback session Lunch drink Herbal tea Colon irrigation Thai massage Evening drink Herbal bath Night tea

# Detox Program Rates 2017-18 11 nights - 12 days











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# Detox Program Rates 2017-18 11 nights - 12 days



Wake up drink Morning juice Biofeedback session Lunch drink Meditation Colon irrigation Herbal steam room/Herbal tea Evening drink Night herbal tea

Wake up drink Morning Juice Biofeedback session Lunch drink Yoga Colon irrigation (and closing with lacto bacillus) Herbal Steam room/Herbal Tea Thai herbal facial massage Dinner drink Night herbal tea

Wake up drink Morning drink Biofeedback session Lunch drink Herbal steam room + Sauna Herbal Tea Meditation Dinner drink Night herbal tea

Day 12

Day 11

Day 9

Day 10

Blood test at hospital Fruits and tea for breakfast Swimming / relaxing Airport transfere

### Program Package Price Bht 84,000.-- per person

- 1) all listeted services above
- 2) Afternoon temple tour and cooking class
- 3) Accommodation as selected on additinal charge
- 4) Package price including service and Taxes

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