

Village Resort & Spa

## Detox Program Rates 2017-18 11 nights - 12 days

Day 1

Airport transfer Aroma Therapy Orientation Herbal Bath Dinner Night herbal tea

Day 2

Blood test Hospital check up

Breakfast fruit and tea

Fruit juice

Thai massage Relaxiong

Reflexology - Foot massage

Vegetable broth Night herbal tea

Day 3

Wake up drink
Exercising - swimming

Morning juice Lunch drink

Body Scrub

Foot Massage Evening drink

Night herbal tea

Day 4

Wake up drink

Exercise - swimming

Morning juice Lunch drink

Thai massage

Herbal tea

Colon irrigation Evening drink

Night herbal tea

Day 5

Wake up drink

Yoga

Exercise - swimming

Morning juice

Lunch drink

Thai massage

Steam room / herbal tea

Colon irrigation

Evening drink

Night herbal tea





Ban Sabai Village Boutique Resort & Spa 219 Moo, San Pee Sua, Chiang Mai 50300 Tel +66 53 854 778 village.reservation@gmail.com



## Village Resort & Spa

Day 6

Wake up drink
Exercise / swimming
Morning juice
Lunch drink
Colon irrigation
Body Scrub
Evening drink
Herbal bath
Night tea

Day 7

Wake up drink
Exercise / swimming
Morning juice
Lunch drink
Meditation
Herbal tea
Colon irrigation
Evening drink
Night tea



Wake up drink Yoga Morning juice Lunch drink Herbal tea Colon irrigation Thai massage Evening drink Herbal bath Night tea

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Day 9

Wake up drink
Morning juice
Lunch drink
Meditation
Colon irrigation
Herbal steam room / Herbal tea
Evening drink
Night herbal tea

Day 10

Wake up drink
Yoga
Morning juice
Luinch drink
Colon irrigation
Herbal steam room / Herbal tea
Thai herbal facial massage
Dinner drink
Night herbal tea

Day 11

Wake up drink
Morning drink
Lunch drink
Herbal steam room
Colon irrigarion (Closing)
Meditation
Dinner Drink
Night herbal tea

Day 12

Wake up drink Morning juice / breakfast Aiport tranfer



Program Package Price Bht 72,000.-- per person

- 1) all listeted services above
- 2) Afternoon temple tour and cooking class
- 3) Accommodation as selected on additinal charge
- 4) Package price including service and Taxes

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