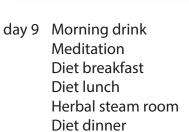
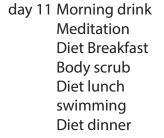


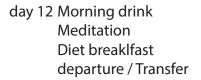


Village Resort & Spa



















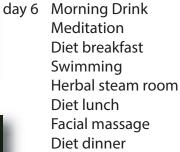












Diet dinner

Ban Sabai

Village Resort & Spa

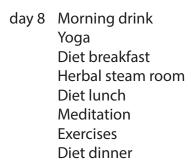
Herbal steam room

day 5 Morning drink Meditation Diet breakfast swimming Diet lunch







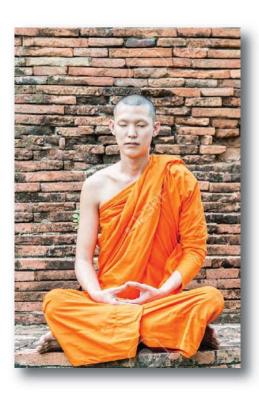




Meditation Program

12 days 2018-19





day 1 Arriving / transfer
Aroma therapy
Aroma hernbal bath
Diet dinner

day 2 Morning drink Meditation Diet breakfast Thai massgage Diet lunch Refelxology Diet dinner

Refelxology
Diet dinner

day 3 Morning drink
Yoga
Breakfast
Footmassage
Diet Lunch
Meditation







Steamed herbal bath

Body scrub Diet dinner

> day 4 Morning drink Metitation Diet breakfast Thai Masage Diet lunch Fruit juice Diet dinner



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